



NEWS RELEASE

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Safety Tips for Walkers and Joggers at Lake Shelbyville

Lake Shelbyville- The U.S. Army Corps of Engineers would like to remind everyone on a few safety tips while walking or jogging across the Lake Shelbyville Dam and within the recreation areas at Lake Shelbyville.

- Make yourself visible! You should wear bright-colored clothing or carry reflective articles, especially when walking or jogging at dusk, night or early morning.
- It is highly recommended that you use the General Dacey Trail that goes across a portion of the Lake Shelbyville Dam instead of using the road.
- On roadways, walk or jog against traffic so oncoming traffic can see you better.
- Watch weather conditions, the sun makes it difficult for drivers to see walkers and joggers and rain and fog can make it hard for motorist to see and stop.
- While walking or jogging in a group you should all stay to one side of the road in a single line, especially when meeting oncoming traffic.
- Be careful when using electronic devices such as cell phones, iPods, and etc, these make it difficult to hear vehicles approaching.
- Plan ahead and stay hydrated. During the winter months the water fountains at Lake Shelbyville are turned off so the water lines do not freeze and break.

If you enjoy walking or jogging on a trail then there are many trails at Lake Shelbyville to experience and enjoy including the General Dacey Multipurpose Trail within Dam West Recreation Area (8 miles), Camp Campfield Multipurpose trails within Camp Camfield Ecology Study Area (8 miles) and Coon Creek Nature Trail within Coon Creek Recreation Area (3/4 mile).

For more information concerning trails or areas to walk or jog at Lake Shelbyville contact the Lake Shelbyville Interpretive Services and Outreach Department by email at lakeshelbyville@usace.army.mil or by calling 217-774-3951 ext. 2.

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